

## **MUST HAVE LOUSD STUDENT LUNCH # or CASH to receive meals.**

>>Meals for <u>non-enrolled children</u> may be purchased for \$3.50 each. Delivered meals will only be available as an option for LOUSD students.

## MONDAYS & WEDNESDAYS from 10:30am to 1:30pm

(excluding Holidays; following school 20-21 calendar)

	MONDAY Pick-up		WEDNESDAY Pick-up		
	Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST		BREAKFAST		
	(all meals come with 1% white milk)		(all meals come with 1% white milk)		
Week 1:			Breakfast Pizza	Twin Bars	Cereal
	No School	No School	Apple	& Banana	& Raisins
Week 2:	Breakfast Sausage	Muffin	Breakfast Bagel	Cinnamon Roll	Pancake Sausage
	Sandwich	& Nectarine	& Peach	& Fruit Cup	Dog
	& Kiwi				& Grape
Week 3:	Oatmeal	Breakfast	French Toast	Yogurt	Fruit Churro
	& Craisins	Quesadilla	Sticks	& Granola	& String Cheese
		& Applesauce	& Banana		
	LUNCH		LUNCH		
	(all meals come with 4oz. Juice)		(all meals come with 4oz. Juice)		
Week 1:			Burrito	Cup O Noodles,	Pizza,
	No School	No School	Bean Cracker	Crackers	Carrots
			& Fruit Cup	& Fruit Pop	& Orange
Week 2:	PB & J Sandwich,	Grilled Cheese,	Deli Sandwich Kit,	Corn Dog,	Chimichanga,
	V-8 Juice	Sun Chips	Jicama Sticks	String Cheese	Fruitabble
	& Peach Cup	& Pear	& Tropical Treasures	& Orange	& Apple Slices w/ PB
Week 3:	Taco Stick,	Chicken Burger,	BBQ Rib Sandwich,	Hamburger	Pizza
	Bean Crackers	Cheetos	Veggies	Sliders, Doritos	Crackers
	& Apple	& Fruit Snacks	& Fruit Pop	& Kiwi	& Raisins
Pick-up 2 days' worth of meals every Monday & 3 days' worth of meals every Wednesday					

**@ LOHS or Luther Elementary** for \*Saturday pick-up \*\*delivered meals

\*<u>Saturday Pick-up Option</u>: This is for students whose parents/ guardians cannot make the Monday or Wednesday option. It will be a 5 days' worth meal pick-up, held every <u>Saturday from 8am-10am ONLY @ LOHS</u>. You will <u>ONLY</u> be able to pick up meals here, if you <u>ARE</u> enrolled in LOUSD schools, and <u>HAVE NOT</u> already received meals at the Monday or Wednesday pick-up. This option is designed to be an alternative for those who cannot make the pick-ups during the week due to work or other circumstances that does not allow them the ability to. <u>. Please ONLY use this options if absolutely necessary, as</u> we will have limited staff on hand to serve. Thank you for your cooperation!

If you need assistance, or know of students that need assistance receiving meals please contact: Leasa Hill, Student Nutrition Director @ (cell)530-566-6251 or (office)530-695-5400 ext. 1113. Thank you! Leasa Hill - Student Nutrition Department